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Sarah spent four years in mixed general practice before setting up a behaviour medicine referral practice in 1992. She is an Honorary Lecturer in small animal behavioural medicine at Liverpool University. Sarah is Immediate Past President of the European Society for Veterinary Clinical Ethology and also of the European College of Veterinary Behavioural Medicine - Companion Animals, serving as President of the College from 2002 to 2008. Her research interests include canine and feline obesity, age related behavioural disorders and the interplay between behaviour and physical illness in dogs and cats. She lectures extensively at home and abroad on behavioural topics.