The Importance of Hand Hygiene

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1. The topic of hand hygiene dates back to the 1940s:
   a) True
   b) False

2. A patient can develop a HAI up to how many days post discharge from hospital?
   a) 30
   b) 40
   c) 60
   d) 80

3. Bendict et al. (2008) found that which percentage of veterinary teaching hospitals had reported outbreaks of HAIs?
   a) 38%
   b) 55%
   c) 82%
   d) 91%

4. Ruple Czerniak et al. (2013) found that which percentage of dogs in small animal referral hospitals had HAI connected events?
   a) 10%
   b) 12%
   c) 16.3%
   d) 22%

5. Residual bacteria naturally occur on the skin flora:
   a) True
   b) False

6. The most common barrier for non-compliance with hand hygiene in veterinary staff is reported to be:
   a) Laziness
   b) Being too busy
   c) Availability of resources
   d) Lack of education
7. Trick et al. (2003) concluded that wearing rings did not increase bacterial counts and was therefore not a barrier to hand hygiene:
   a) True
   b) False

8. Which of the following would not form part of the NICE bare below the elbow policy?
   a) Wearing long sleeves
   b) Removing wrist and hand jewellery
   c) Making sure fingernails are short, clean and free of polish
   d) Covering cuts with waterproof dressings

9. How can effective hand sanitising methods be best assessed in practice?
   a) Visibly inspecting hands of all staff
   b) Watching staff to see if they sanitise their hands after patient contact
   c) Using Ultraviolet light and special hand creams
   d) Swabbing hand touch surfaces